

DOWN LISBURN TRUST



**DOWNE HOSPITAL  
DAY PROCEDURE UNIT**

**CYSTOSCOPY**

JUNE 2000

## CYSTOSCOPY

Cystoscopy is an examination of the urethra, bladder, (and prostate gland in men) using a Cystoscope, (this 'telescope' is about the thickness of a ballpoint pen).

There are two types of Cystoscopy – Rigid & Flexible.

### FLEXIBLE CYSTOSCOPY

Flexible Cystoscopy is performed under local anaesthetic – that is an anaesthetic gel is inserted into the urethra. This method usually takes a few minutes and is used to identify bladder problems such as bladder stones, changes in bladder lining or other abnormalities, which may present as recurrent bladder infections or blood in the urine.

### RIGID CYSTOSCOPY

Rigid Cystoscopy is performed under a light general anaesthetic and therefore tissue sampling and numerous other minor procedures can be carried out.

After your examination you may experience urinary symptoms due to instrumentation of the procedure.

For example:-

Sensation of wanting to pass urine urgently.

Discomfort and stinging sensation on passing urine.

Crampy abdominal pain.

Your urine may be blood stained, debris or clots may also be noted.

Advice:-

Increase your oral intake for 24 hours.

Take a mild analgesic if necessary.

Keep comfortably warm.

If urinary symptoms persist, contact your G.P. or attend the A & E Departments of the hospital. (An antibiotic may be prescribed).

If you have had a general anaesthetic.

For 24 hours afterwards:-

- **Do Not** Drink Alcohol.
- **Do Not** Drive a Car.
- **Do Not** Operate Machinery.
  
- **Do** have someone to care for you for 12-24 hours. This is usually only in a supervisory role.

Before discharge the doctor or nurse will give verbal and written information and when necessary, a review date will be issued.

If you have any problems or queries please contact the:-

**Day Procedure Unit**  
**Monday – Friday**  
**8am – 4pm**

**Tel: (028) 4461 3311 Ext: 3714**